

Bridport Primary School

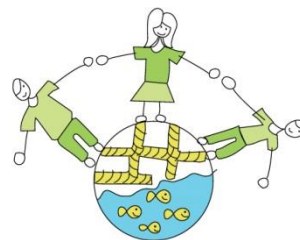
St. Andrews Road, Bridport, Dorset DT6 3BJ

Tel: 01308 422846 · Fax: 01308 458710

E-mail: office@bridport.dorset.sch.uk

Website: www.bridport.dorset.sch.uk

Headteacher: **Mrs Debbie Brown**



'Believing in a world of possibilities'

9.2.18

Re: Skip Hop Skipping Day Monday 26th February 2018

Dear Parents,

I am delighted to inform you that we have invited Skip-Hop for a day of skipping in school on the above date. Children will have the opportunity to take part in one of the workshops in which they will learn a selection of moves. Unfortunately, there can only be a maximum of 30 children per year group attending the session. Those children who have been taught the skipping techniques will be passing on their knowledge to the other year group members during PE lessons.

Skip-hop's aim is to encourage children and adults to skip for health, fun and fitness, whilst introducing traditional skipping games back into the school playground and Bridport Primary School supports these aims wholeheartedly. Further information on Skip Hop can be obtained from their web site: www.skip-hop.co.uk

Superb quality speed ropes are available for children of all ages. For parents who are interested in skipping with their children, or who simply want some useful exercise themselves, there are adult ropes, family ropes and Double Dutch ropes available. Should you, your child or children require a skipping rope, they can be ordered through the school.

Bill Cox

PE Leader



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